

NLS/Standard First Aid Crash Course

Candidates must be 16 years of age on or before
March 20/10 and hold their Bronze Cross.
Attendance at all sessions is imperative.

Date: March 15 - 20
Time: Mon - Fri: 9:30 a.m. - 5:00 p.m.
Saturday: 9:00 a.m. - 1:00 p.m.
Cost: \$200
Fee includes books, kits and exams

Registration Deadline: Wednesday, March 10, 2010.

CRASH Assistant Water Safety Instructor

Take your Water Safety Instructor pre-requisite now and get 1 step closer to a great summer job!
The program also requires 15 hours of practice teaching held outside the regular class times.

100% COURSE ATTENDANCE IS REQUIRED

Dates: AWSI - March 15-18 - Monday - Thursday

Times: 9:00 - 3:00 p.m.

COST: \$150

NOTE: Price includes Red Cross fees and reference texts.

Registration Deadline: March 10/10.

PRE-REQUISITES:
15 years old by March 18/10

LEADERSHIP Training - Spring 2010

Looking for a GREAT summer job? This Spring we have several options for earning your Instructor status with the Canadian Red Cross and your National Lifeguard Service award with the Lifesaving Society!

Interested in Teaching?

1. Take the AWSI Crash course this March break and choose one of our 2 Water Safety Instructor programs during the Spring term.
2. This Spring, take both your Assistant WSI & WSI back-to-back with our Wednesday night full course program option.

Looking to Lifeguard?

1. Take our NLS/SFA crash course over the March Break and finish the week as a fully certified lifeguard!
2. Look for our weekly NLS/SFA course during the Spring term, and be all prepared for summer beaches & pools!

Spring Program Registration

Pre-Registration - Mon. March 15, 9:00 am - Sun. March 28, 9:00 pm

General Registration - Starts Thursday, April 1, 2010, 9:00 am

The Spring Brochure will be available on March 12, 2010.

If you would like one, please check our Web site: www.DartmouthSportsplex.com.

See Front Cover For Full Week DAY CAMP Information

Bake & Fun Workshop

We will be making "chocolate lovers" brownies as well as swimming, playing games and participating in various fun-filled activities! For children ages 4.5 - 12 years.
Extra supervisory hours will be available from 7:30 - 5:30 at a cost of \$5/day/child.

Date: Wednesday, Mar. 17
Time: 8:30 a.m. - 4:30 p.m.
Cost: Members \$25
Non-Members \$29

Funtastic! Workshop

With a choice of acrylic painting or jewellery making, come spend a day with us swimming, playing games, doing crafts and participating in an obstacle course. For children ages 4.5 - 12 years.
Extra supervisory hours will be available from 7:30 - 5:30 at a cost of \$5/day/child.

Date: Tuesday, Mar. 16
OR
Thursday, Mar. 18
Time: 8:30 a.m. - 4:30 p.m.
Cost: Members \$25
Non-Members \$29

Gymnastics Workshop

Gymnastics, swimming, crafts, activities and games for children ages 4.5 to 12 years.
Levels - Beginner, Beginner + and Advanced.

Date: Tuesday, Mar. 16
Time: 8:30 a.m. - 4:30 p.m.
Cost: Members \$25
Non-Members \$29

Extra supervisory hours will be available from 7:30 - 5:30 at a cost of \$5/day/child.



Skate Workshop

Skating, swimming, crafts, and other fun-filled activities & games for children ages 5-12.

Levels - Beginner, Beginner + and Advanced.

(Note: Beginners must be able to walk on ice with skates by themselves.) ***(Children require helmets)***

Extra supervisory hours will be available from 7:30 - 5:30 at a cost of \$5/day/child.

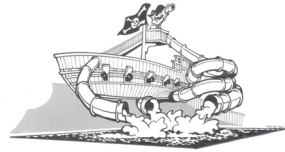
Date: Wednesday, Mar. 17
OR
Thursday, Mar. 18
Time: 8:30 - 4:30 p.m.
Cost: Members \$25
Non-Members \$29

**For more information on Camp Programs
or Workshops, contact
Treena Snair @464-2600, ext. 323**

Payments accepted by cash, debit, credit card or money order.

Try Pirate's Cove this March Break!!!

Monday, March 15	12:00 N - 1:30 pm	Open
	2:30 pm - 4:00 pm	Open
	6:30 pm - 8:00 pm	Open
Tuesday, March 16	12:00 N - 1:30 pm	Open
	2:30 pm - 4:00 pm	Open
Wednesday, March 17	12:00 N - 1:30 pm	Open
	2:30 pm - 4:00 pm	Open
	6:30 pm - 8:00 pm	Open
Thursday, March 18	12:00 N - 1:30 pm	Open
	2:30 pm - 4:00 pm	Open
	6:30 pm - 8:25 pm	Member's Only Open Swim Pirate's Cove + 1/2 Training Pool
Friday, March 19	12:00 N - 1:30 pm	Open
	2:30 pm - 4:00 pm	Open
	6:30 pm - 7:30 pm	Family - \$8.00 Basic Swim Price
	7:30 pm - 9:00 pm	Open



You must be at least 1.2 meters (48") tall and be a very strong & confident swimmer in deep water to ride the Pirate Ship slides.

Check our web site, www.dartmouthsportsplex.com, for prices and additional swim times or pick up a complete schedule from the Control Desk. Also due to March Break being busier than normal, we **strongly** recommend you arrive a **MINIMUM** of 30 minutes early.

March Break Skates

Monday	March 15	10:15 - 11:45 a.m.
Tuesday	March 16	6:30 - 7:45 p.m.
Wednesday	March 17	10:15 - 11:45 a.m.
Wednesday	March 17	3:00 - 4:45 p.m.
Thursday	March 18	10:15 - 11:45 a.m.
Thursday	March 18	3:00 - 4:45 p.m.
Saturday	March 20	5:30 - 6:45 p.m.
Sunday	March 21	3:30 - 4:45 p.m.



Cost:	Members	Free	Adults	\$5.00
	Children/Seniors	\$4.50	Family	\$10.00

DARTMOUTH SPORTSPLEX

MARCH BREAK FUN FLYER 2010



Swimming



Gymnastics



Dance



Skating

Sport and Adventure Day Camp

Join us for our March Break Day Camp for children ages 4 - 12 years! Daily swims, sport sessions, crafts, and a Wednesday trip to the IMAX theatre!

COME JOIN THE FUN !!

Date: Monday - Friday
March 15 - 19

Time: 8:30 a.m. - 4:30 p.m.

Cost: Members \$119
Non-Members \$129

Contact Treena Snair at 464-2600 ext.323.

*Extra supervision is available between 7:30 am and 5:30 pm for an additional charge of \$5/Day/Child or \$15/Week/Child.

Registration for March Break Programs begins Monday, February 15th

We recommend you register early.

Space is limited.

**Limited Space Available
Don't Miss Out - Register Today**

For Further Information, Please call 464-2600 Ext. 0.